

# AWAKEN

BODY, MIND, & SOUL

## MUSHROOM MENU

### CAPSULES

Balance Microdose \$40

.175g Dried Mushroom, .2g Reishi,  
.2g Lionsmane

Focus Microdose \$40

.175g Dried Mushroom, .2g Chaga,  
.2g Lionsmane

Chill Microdose \$40

.175g Dried Mushroom, .2g Reishi,  
.2g Ashwaganda

Synergy Dose \$55

.25g Dried Mushroom, 10mg CBD

Enhance Dose \$60

.5g Dried Mushroom

### TEA

Bliss Blend Microdose \$55

.175g Dried Mushroom, Lavender, Ginger,  
Lemon, Chamomile

Revive Blend Microdose \$55

.175g Dried Mushrooms, Orange, Sage,  
Lemongrass, Eucalyptus

Enhance Dose \$75

.5g Dried Mushrooms, Blend of Choice

### CHOCOLATE

Microdose Delight \$55

.175g Dried Mushroom, Dark Belgian  
Chocolate, Cinnamon

ALL PACKAGES = 10 DOSES

All products are formulated and handcrafted with great care and respect for the cosmology of wellness that encompasses the emotional, intellectual, physical, and spiritual worlds of existence.

It is my mission to provide access to quality plant medicines that support the interconnected and sacred relationships to self, other, nature, and all of creation.

This medicine is a gateway through which we nourish and awaken our consciousness for the greatest good of all.

May it be so